

Refresh Package

This business activity package combines the best in resources. Tapping into North Devon's pool of health and wellbeing practitioners, to bring a refreshing take on team building, meetings and workshops. Marrying up their expertise and local knowledge with the professional and contemporary services offered at The Carlton.



Refresh and energise

With planned segments of your package that include individual or group therapy treatments, designed to improve brain and body function. Choose from a range of both indoor and outdoor activities, make the most of our immediate and nearby countryside within the North Devon biosphere. All geared towards being beneficial in creating better team engagement.

As part of the fully catered event, we provide a nourishing, well-being menu as well as our standard locally sourced seasonal ingredients.

Your team will also make full use of our 4* hotel facilities including treatment room and gym, plus make the best of

Why choose us

The Carlton is an excellent base for business events in North Devon.

- Team meeting
- Business workshop
- Leadership courses
- Training & development
- Sales seminars
- Conferences

our professional practitioners including reflective back to nature hikes, beach combing, individual or buddy massage treatments, and many more activities.

- Tai Chi
- Tui Na
- Massage
- Hot stones
- Escorted hike
- Seashore safari
- Many more activities

Transport to your activities may be included as part of your package. You can determine the amount and variety of activities to suit your programme needs.

Delegate prices from £102*

Call us on 01271 862446 for more information, to visit or for a bespoke quotation

Our award winning team and personal supervision by the business owners ensures your event is planned and delivered with all the care and attention to make it stress free.

* per delegate per night, based on 20 delegates excl. VAT