

Wellbeing

Juices & smoothies

Cucumber | carrot | apple | beetroot | lemon **vg**

Apple | lemon | ginger **vg**

Orange 100% **vg**

Apple | strawberry | lemon | mint **vg**

Lunch options

Miso broth **vg**

Smashed avocado on wholegrain toast, chilli flakes & lime **vg**

Basmati salad with tuna & sesame

Hummus **vg**

Halloumi wrap

Smoked salmon, scrambled egg, sourdough

Beef strips, watercress & grated horseradish salad

Poached chicken & broccoli, toasted almonds

Red pepper, potato & Manchego tortilla squares **v**

Chicken & avocado salad

Artichoke salad **vg**

Cut fruit platter **vg**

Chocolate mousse **vg**

Granola slice **v**

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The
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