

# A little indulgence

## For health & vitality

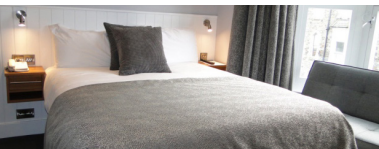
We are delighted to introduce our range of therapies and treatments available at The Carlton. Your treatment can be enjoyed in your own room<sup>(1)</sup> or our therapy room.

We work with local qualified specialists to bring you these sessions.

- Tension releasing back massage
- Relaxing foot massage
- Hot stones back massage
- Hot stones foot massage
- Mini or luxury facial with hot towels
- Mini manicure
- Tui Na & Tai Chi

Pricing is £40 for 30 minutes and £65 for 1 hour of treatment.

(1) subject to space & treatment required



## Create your package

You can book a therapy to enjoy during your stay, and you can combine any treatment or therapy with a package of other treats.

- Enjoy a freshly prepared afternoon tea
- Add on a glass of champagne
- Lunch or dinner
- Movie night & pamper
- Friends stayover
- Baby shower

Please speak with us on 01271 862446 or book direct at [www.ilfracombecarlton.co.uk/relax](http://www.ilfracombecarlton.co.uk/relax)

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The  
**Carlton**